

Latin American Garden Resources

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Curriculum on School Gardens/ Latin American Foods

- <u>Designing a School Garden</u> (KidsGardening.org)
- Gardens Lesson Plans (GrowingMinds.org)
- <u>K-12 edible Education Curriculum (Edible School Yard)</u>
- <u>School Garden Curriculum</u> (UGA Extension)
- <u>K-5 Lessons for the School Garden (eat.think.grow)</u>
- Foods of South America, Latin America, & the Caribbean Teacher's Guide

Benefits of School Gardens

- <u>Real Results-- successful students</u>
- <u>"The Blossoming Health and Academic Benefits of School Gardens" CNN</u>
- <u>The Value of School Gardens</u> (History, Benefits, and Themes)
- <u>Benefits of School Gardening (Tampa Bay School Gardening Network)</u>

School Garden Funding Opportunities

- <u>Whole Foods Grant Program</u> Available to those developing or currently maintaining a garden project on school grounds that will engage children with fresh fruits and vegetables. Application Due: October 31, 2016
- <u>Annie's Grants for Gardens</u> Donations to schools and other educational programs that help build school gardens to help connect kids to real food.
- <u>Annual Youth Garden Grant</u> The Home Depot and National Gardening Association
- <u>Donald Samull Classroom Herb Garden Grant-</u> The Herb Society of America will select 4 classrooms to receive a \$200 grant to establish an outdoor herb garden. The funds may be used for soil, plant trays, containers, youth-sized tools, and more.
- <u>Green Your School Challenge</u> -Do Something is awarding prizes to K-12 schools that reduce their carbon footprint.

- <u>Home Depot Community Impact Grants Program</u>- Provides support to nonprofit organizations, public schools, and public service agencies in the U.S. that are using the power of volunteers to improve the physical health of their communities.
- <u>Lorrie Otto Seeds for Education Grant Program</u> Small monetary grants for schools, <u>nature</u> centers, and other non-profit and not-for-profit places of learning in the United States.
- <u>Mantis Tiller Awards</u>-Tiller / cultivators awarded to charitable and educational garden projects that enhance the quality of life in communities.
- <u>Sow It Forward Food Garden Grants</u> For nonprofit causes (schools, churches, food pantries, community gardens, senior programs, etc.) interested in starting or expanding food garden projects that are of general benefit to their community.

Info on Latin American Vegetables

Amaranth

- Benefits of Amaranth
- Info about Amaranth
- How to grow Amaranth

Chilacayote squash (winter squash)

• Info on the Chilacayote squash

Cilantro

- Benefits of Cilantro
- Uses of Cilantro

Corn

• Benefits of Corn

Fava Beans

• Info about Fava Beans

Habanero Chile Pepper

- Info about the Habanero Chile Pepper
- Origins and uses of Habanero Chile Pepper



Onions

- Benefits of Onions
- How to prepare Onions

Pinto Beans

• Info on Pinto Beans

Poblano Chile Pepper

- Info on Poblano Chile Pepper
- How to grow Poblano Chile Pepper

Tomatillo

- <u>Cooking with Tomatillo</u>
- Info on Tomatillo

Tomatoes

- History of Tomatoes
- Tomato: The apple of Peru

Example Gardens

• UGA Latin American Ethnobotanical Garden





